

### June 2024 School Newsletter

### **Principal's Message**

Dear Families,

This school year has been a very busy year. I am grateful for your continued support of our staff as we near the end of the 2023-24 school year. This last month will include some exciting events: Year-End class trips, HN Track Meet, Swim to Survive for Gr 3 & 7 students, the Gr 8 grad, Play Day, and Term 2 report cards, to name a few.

I would like to thank my staff for all they do for our students and their families. Thank you to our parents, especially those on School Council, our lunch monitors, and those who volunteered their time for our Knights this year. Your efforts are truly appreciated. Thank you to Mr. Colbert & Dr. Petruka for their support in my absence.

At the end of June we say goodbye to Mrs. Robertson (K2) and Mme Bedard (FI 2). We wish them our very best in their new assignments. We congratulate Mrs. Poirier (Grade 8) on her retirement and wish her many happy memories as she starts her new chapter. In September we will see our French Immersion Program grow as we add Gr 6; Mme Seguin returns as the new FI 5/6 teacher.

Congratulations to our Grade 8 students! We wish you much success as you begin secondary school in September. We look forward to celebrating with you on June 19<sup>th</sup> in the school gym together with your families.

I too have decided to start my retirement at the end of this school year. Notre Dame has been my home for the last 10 years, and I am very grateful for the many memories I will hold onto for years to come. Thank you for your support throughout the years. Please join me in welcoming the school's new Principal for September 2024, Mrs. Heather Graham. She is leaving St. Joseph's School (Simcoe) to join the staff at Notre Dame and looks forward to supporting your child(ren) in the fall.

I want to wish our school families a very safe, healthy and happy summer. The staff look forward to welcoming you back to school on September 3<sup>rd</sup>.

Mrs. M. Leonard, Principal

#### **Notre Dame Catholic School**

35 Braemar Avenue Caledonia, ON N3W 2M5 (905) 765-0649

Website: <u>www.notredamecaledonia.ca</u>

Twitter: @ndcaledonia

ZONE 2

Principal: M. Leonard

Secretary: C. Woods, L. Frenza

### **BELL TIMES**

8:55am: School Begins

10:35-11:15am: 1<sup>st</sup> Nutrition Break

**12:55-1:35pm**:

2<sup>nd</sup> Nutrition Break

3:15pm: School Dismissal





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Hooray! Thank you to all our families for such amazing support during our Book Fair. This year, we sold \$7,900 worth of books and fun stuff! We were able to raise nearly \$4,000 to buy new books for the library. We look forward to adding to our favourite series, growing our French collection, and finding more cool books with interesting information.

Mrs. Davies would like to extend a special thanks to our co-op students, Brooke and Alexis, for their math skills and willingness to jump in and lend a hand. We look forward to doing it all again next year.





### What is Swim to Survive (+)?

There are three aspects to the Lifesaving Society's Swim to Survive program:

#1 At the POOL: Three hours of in-water lessons

**#2 In the CLASS**: Three in-classroom curriculum-based lessons

#3 At HOME: Parent education about Swim to Survive

#### Swim to Survive (for Grade 3 Students)

The Society defines the minimum skills needed to survive an unexpected fall into deep water.

These are expressed in a skill sequence in the Canadian Swim to Survive standard:

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- ROLL into deep water
- TREAD water for one minute
- SWIM 50 metres

### Swim to Survive Plus (for Grade 7 Students)

The Society defines the minimum skills needed to survive an unexpected fall into deep water. These are expressed in a skill sequence in the Canadian Swim to Survive+ standard:

- How to ROLL, TREAD and SWIM (with long sleeve shirt and pants on, depending on ability)
- How to help a friend in deep water without putting themselves in danger (TALK, REACH, THROW)
- Basic physical fitness concepts through interval training and a fitness swim

### The Schedule:

June 17, 19 & 21: Grade 3 students in Mrs. Porco & Miss Mendoza's classes June 18, 20 & 21: Grade 3 students in Mme Banda & Mme Turcotte's classes June 21 & 24: Grade 7 students in Mr. Goulding's class

**Haldimand Norfolk** 

# REACH

# Nurturing a Spirited Child

Join us for an Engaging Caregiver Workshop: Understanding Spirited Children!

Spirited children are often described as intense, persistent, energetic, perceptive, and with big emotions. In this workshop, we'll delve into what it means to have a spirited child and explore strategies to support their unique needs.



### Friday June 7, 9:00 am - 12:00 pm

Free to Caregivers of children aged 4-12 in Haldimand, Norfolk, and Neighbouring Communities This workshop is offered virtually via the ZOOM Platform

For more information or to register call 519-587-2441 or 1-800-265-8087 x350



supporting children, families, communities



# We are proud to celebrate the Class of 2024

**Marley Jane** 

Hayden

Zaylen

Liliana

**Stella** 

**Jake** 

Cohen

Justin

Ava G.

**X**avier

**Sophie** 

Levi

**Sadie** 

**Mitchell** 

Lexie

Ava S.

Malaya

**Julian** 

**Elora** 

Neven

Evan

**Jace** 

Joshua

Thank you for your contributions to Notre Dame School over the past years. We wish you much success as you begin secondary school in September.

The Staff at Notre Dame School



Haldimand Norfolk

# REACH

CHILD & YOUTH MENTAL FITNESS SERIES

**EXPRESSION SESSION** 

The Mental Health Fitness Series teaches youth specific skills to maintain and grow their mental health.

## **TAKE FLIGHT!**

Wednesday June 12, 2024

6:00 pm - 7:00 pm

This virtual Expression Session teaches youth how to deal with life's challenges through growing stress tolerance, a positive mind-set, and perseverance while designing, building, and flying their own kites.

Ages 7-11 Free to youth in Haldimand & Norfolk and Neighbouring Communities Space is limited

This expression session is offered virtually via the ZOOM Platform. Kite building kits will be provided. Caregiver participation required.

For more information or to register call 519-587-2441 or 1-800-8087 x350

101A Nanticoke Creek Pkwy, Townsend, ON N0A 1S0 Our main office hours are: Monday to Friday - 8:30 am - 4:30 pm.





## Retirement

Never Looked So Good!





### Balanced School Day Schedule for 2024-25

Morning Bell 8:55 am 1<sup>st</sup> Nutrition Break 10:35 -11:15 am 2<sup>nd</sup> Nutrition Break 12:55-1:35 pm

Dismissal Bell 3:15 pm
\*ALL Students\*

Please update the office of any changes to the end of the school day normal routine (ie. early dismissal, etc.) before 2:30pm.

Thank you!



The Before and After School program continues to be offered at Notre Dame School.

Contact Jackie Forbes for updates and additional information.

Please call (905) 765-1975.



### S.A.C Update

We want to thank our co-chairs and committee members for their support this year. We want to invite families to come out to SAC next year. Every year SAC pays a portion of the Christmas Turkey Lunch expense, Communion breakfast, Confirmation cupcakes, Play Day freezies, Grade 8 Grad carnations, etc. Fundraising continues for the outdoor playground equipment project. Spending decisions are made with discussions and ideas that happen at these meetings. Parent volunteers are encouraged to attend. All are welcome! Please watch your email inbox for information that will be sent about our first scheduled meeting in the new school year.

### **School Update**

We would like to thank you for your on-going support throughout the year. The monies from pizza, milk, subway and photo sales always benefit our students. We had funds to pay for all busses to the church and sporting events with no cost to our students. Monies also covered teacher expenses for classroom purchases and instructional needs.

### **Volunteers and Police Checks**

Volunteers are important to a school and your valuable time is appreciated.

A valid Vulnerable Sector Check (a.k.a. Police Check) is required by ALL volunteers who wish to help at the school. *If you have a police check from another venue you still MUST have one for BHNCDSB Notre Dame as this is Board policy. They are free.* Police checks are valid for three (3) years from the original issue date. Documents you require for the online application at opp.ca:

- A school letter (please request by email): A school letter will include your personal information: FULL LEGAL NAME (first, middle, last) and DATE OF BIRTH. Please email <a href="mailto:cwoods@bhncdsb.ca">cwoods@bhncdsb.ca</a> this personal information when requesting a school letter be prepared. This letter will be emailed to you for your online application submission at opp.ca.
- A signed Volunteer Confidentiality Form is required annually
- A signed **Declaration** (stating you have not acquired a police record since the official police check) is required annually by each volunteer. This document is required once the police check in our records is more than a year old.
- Accessibility for Ontarians with Disabilities Act (A.O.D.A.) training must be completed by all volunteers at the school. It is a ONE-TIME online training module that can be accessed on our school website in the section: <a href="School">School</a> <a href="Information">Information</a>; tab: <a href="Volunteer">Volunteer</a>. Once the training is completed the school receives notification directly.

The school office will compile a list of volunteers whose police checks will expire by September 2024. This information will be shared with those effected parents/guardians by the end of the school year.

### Track & Field



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SUN	MON	TUE	WED	THU	FRI	SAT
7						1
2	3 PA Day	4 Milk	Milk Gymmies~ FI K1	6 HN Track Meet Milk Library Visit ~ Fl 1	HN Track Rain Date Pizza Day/Freezies <b>Hat Day for Haiti</b> Gymmies~ 1E & FI 1	8
9	Gymmies~ FI 2 & 2/3	Milk Subway Day Brantford Twin Valley Zoo ~ Kindergarten	12 Milk	Milk/Freezies Twin Valley Zoo: Rain Date	Gr 8 Camp Celtic Trip Gymmies~ 2E & 3E	15
16  HAPPY FA HER'S DAY	Gr 8s Return Swim 2 Survive: Grade 3E	Milk Library Visit ~ K1 Swim 2 Survive: FI 3	Milk Swim 2 Survive: Grade 3E Gr 8 Grad Activate ~ Gr 5 & 6 Library Visit~FI K1	Milk/Freezies School Mass led by 1E & FI 1 Swim 2 Survive: FI 3 Warrior Factory Trip ~ FI 4/5	Pizza Swim 2 Survive: Gr 3E, Grade 7E, FI 3 Sparky Visit #3: Grade 1E & FI 1	22
23	Term 2 Report Cards Go Home Swim 2 Survive: Grade 7E	25 PLAY DAY Subway	26 PLAY DAY: Rain Date	Last Day of School Freezies	28 PA Day	29





MediaSmarts has released a <u>brand-new guide</u> to help families navigate TikTok safely. In this resource we provide insights and practical tips that schools can share with their students' parents, guardians and caregivers to ensure a secure and positive experience for teens on TikTok.







#### What's inside?

- Tips for managing use as a family and setting rules
- Help understanding the platform's safety tools
- Digital media literacy and digital citizenship tips
- TikTok glossary
- · And more!

### **FOLLOW THE LINK for helpful resources:**

<u>Talking TikTok: A Family Guide |</u>
MediaSmarts

### In the Spotlight



We are very grateful all year long for the wonderful volunteers who help out at the school: Knitting Club, Choir, Strong Start, Subway Days, Field Trips, etc.

Thank you to Mr. Kyler and Mr. Colin for keeping our school looking beautiful all year long.

Thank you to Father Jerome for his time and guidance preparing our students for Communion and Confirmation and leading our school masses.







- School Resumes September 3rd
- PA Days: September 13, October 8, November 15
- Meet the Teacher: September 16 (TBA)

#### **Holidays**:

Thanksgiving ~ October 14<sup>th</sup>
Christmas Break ~ Dec 23<sup>rd</sup> to Jan 3<sup>rd</sup>

